

## Relating with Heart—Tools for True Love

- Is your relationship living up to its full potential?
- Are you the best friend, lover, support and champion you can be?
- Experience happiness and fulfillment like never before\*

  \*The All or Nothing Marriage by Dr Eli Finkel

When you feel a need for change in your relationship, can you to express that in a way that inspires your partner to be your ally? Have you given up on important things in order to keep the peace?

Would you like to be more effective communicating your ideas in a way that gets results at work and with other family members and friends? If you are a parent, are you consistently modeling the kind of healthy relationships you would want your children to have?

Do you struggle to find the quality time and nourishing connection you need?

## WHAT YOU CAN EXPECT

This is **practical education and skill-building**, not therapy.

- Learn how to **express your truth** in an undeniable way that creates alignment rather than resistance
- Useful tools to quickly clear up hurts and misunderstandings
- Participants enhance their capacity to stay calm and present under stress
- Increase the pleasure and joy you share with simple, yet powerful, practices

You will not be asked to share in front of others—your work together is private. This is a safe and comfortable space limited to eight couples.

Average graduate rating over the past 28 years 9+ for overall value (on a scale of 1-10)

## Money Back GUARANTEE

## Sept 9-10, 2023

Saturday from 9:00 AM to 6:00 PM Sunday from 10:00 AM to 6:00 PM Plus a 2.5-hr Zoom intro—time TBD Lyons—scenic Apple Valley location

\$390 per person up to 2 weeks in advance, otherwise \$450 Limited to 8 couples

Attend all sessions and you are guaranteed a full refund within 48 hours of completion, if you are not satisfied with your experience.

PAIRS Master Teachers and Trainers

Robin Temple MA MSW 303-946-6030 robin@couples.us

Michael Moore PLS 720-938-0536 michael@couples.us

couples.us/tools

9+

Average rating for overall value of this course (scale of 1-10)

I enjoyed the intentional, comfortable intensity of two days focused on our marriage. It was a great weekend!"

I love the humor. Seeing you model working through real life issues was an inspiration and a huge help."

**A magical weekend...** masterful. Amazingly effective, simple, deep and useful."

Great material presented in an entertaining way. I appreciated the heart and vulnerability you modeled."

An ideal way to learn practical ways to improve communication, understanding, empathy and intimacy."

A power-packed course... **genuine, authentic and amazing**."

Useful not just to love relationships, but also to parents and professionals—anyone wanting to connect with others."

My only regret is not having these skills a long time ago."

